

...GP/Inpatient Liaison Nurse- Mental Health .....

.....Central Coast Eating Disorders Day Program.....

An innovative Day Program has been developed on the Central Coast of NSW for the treatment of people with an eating disorder. It uses Acceptance and Commitment Therapy as its primary therapy together with input from a Social Worker, Dietitian, Clinical Psychologist, Art Therapists and a Yoga teacher. The program operates in an attractive space with garden and places emphasis on the creation of a nurturing and joyous therapeutic environment for both patient and clinician.

The GP/Inpatient Liaison Nurse is responsible for weekly measuring vitals such as heart rate, blood pressure and temperature; checking medication compliance for the patient and assisting with meal support therapy at the program. Also, liaising with the patients GP, the Emergency Department and inpatient wards at the local hospitals.

This position is 16 hours a week, across 3 days, Tuesday, Wednesday and Thursday. The position will be advertised initially on Healthjobs and closes 11<sup>th</sup> January 2012.

All enquiries to Judith Leahy, or Elisha Mills 02 43569418 or [jleahy@nscchahs.health.nsw.gov.au](mailto:jleahy@nscchahs.health.nsw.gov.au) or [elmills@nscchahs.health.nsw.gov.au](mailto:elmills@nscchahs.health.nsw.gov.au).