



Eating Disorder Service, The Children's Hospital, Westmead

Multiple Family Therapy Training for Anorexia Nervosa

Prof. Ivan Eisler

May 7-10, 2012

Multiple Family Therapy (MFT) for Anorexia Nervosa has been utilised in the UK for more than 10 years. It extends the ideas of the original family based therapy with a focus on sharing parental expertise and solidarity. This is the first time this training has been offered in Australia.

The workshop addresses –

- theoretical underpinnings,
- phases of treatment and
- practical skills of running the MFT.

Didactic and experiential techniques are used to develop theoretical understanding and to enable participants to gain insight, and learn about how families respond to this model. For this reason places are limited to 20-25 participants.

Time: 9am – 4pm

Venue: The Children's Hospital, Westmead, Function Room Level 1

Cost: \$950 per person or \$1750 for 2 people from the same service (inclusive of materials and meals)

Ivan Eisler is Joint Head of the South London and Maudsley NHS Child and Adolescent Eating Disorders Service. He is also a Professor of Family Psychology and Family Therapy at the Institute of Psychiatry, Kings College London, and Head of the Section of Family Therapy there. In addition to his clinical and research roles Dr Eisler is also a family therapy trainer and has played a key role in developing training courses in family therapy at the Institute of Psychiatry and the Institute of Family Therapy. He has also contributed to teaching and the development of other family therapy courses in the UK and abroad, including Bulgaria, the Czech Republic, Italy, Norway, the Netherlands and Singapore. Previously he has been Editor of the 'Journal of Family Therapy', a Member of the International Advisory Board for the 'Journal of Family Psychology' and a member of the Editorial Board of Weight and Eating Disorders. Ivan Eisler has had a longstanding interest in the development and evaluation of psychological treatments, and a special interest in family therapy and its integration with other psychotherapies. Among other research he has conducted a number of treatment trials evaluating psychological treatments, particularly in the treatment of eating disorders. He has published widely on these topics and the work that he and his colleagues have done in developing and evaluating treatments for child and adolescent eating disorders is widely acknowledged as a key part of the evidence base for current treatment guidelines in this area recommended by the National Institute for Health and Clinical Excellence in the UK and similar guidelines in other countries.

Multiple Family Therapy Training

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REGISTRATION FORM

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|---|--|
| Name: | |
| Organisation: | |
| Current position: | |
| Day time phone number: | |
| Email address: | |
| Office address: | |
| Name of person/organisation to whom the invoice should be addressed: | |
| Morning Tea / Lunch will be provided. Please indicate if you have any dietary requirements: | |

| Do you meet the following criteria? | |
|--|-----------------------------------|
| 1. Experience with either eating disorders | <input type="checkbox"/> comment: |
| 2. Some family therapy skills / experience seeing families | <input type="checkbox"/> comment: |
| 3. Capacity to incorporate the model into your clinical practice | <input type="checkbox"/> comment: |

Payment: The cost of the workshop is \$950 per person or \$1750 for 2 people from the same service. Please pay by cheque, payable to The Children's Hospital, Westmead.

Please contact Andrew Wallis on 9845 2446 if you have any questions or require further information

REGISTRATIONS CLOSE: Monday April 30th, 2012

Fax registration forms to: 9845 2517 or send to Andrew Wallis

Eating Disorder Service

Department of Adolescent Medicine

The Children's Hospital at Westmead

Locked Bag 4001, Westmead NSW 2145