

Illawarra Eating Disorders Service

Bulimia Nervosa Group



- Starts on the 27th of July for 19 consecutive weeks
- 2.30 to 4pm on Tuesdays in Wollongong
- Cognitive Behaviour Therapy
- Run by psychologist and dietitian

The group is available for adults who would like to overcome Bulimia Nervosa, that are currently living between Helensburgh and Kiama and meet selection criteria.

If you would like more information about the group please contact the
Illawarra Eating Disorders Service
4254 1500

OR if you would like to register for the group please call
Adult Community Health Intake
4254 1500.

